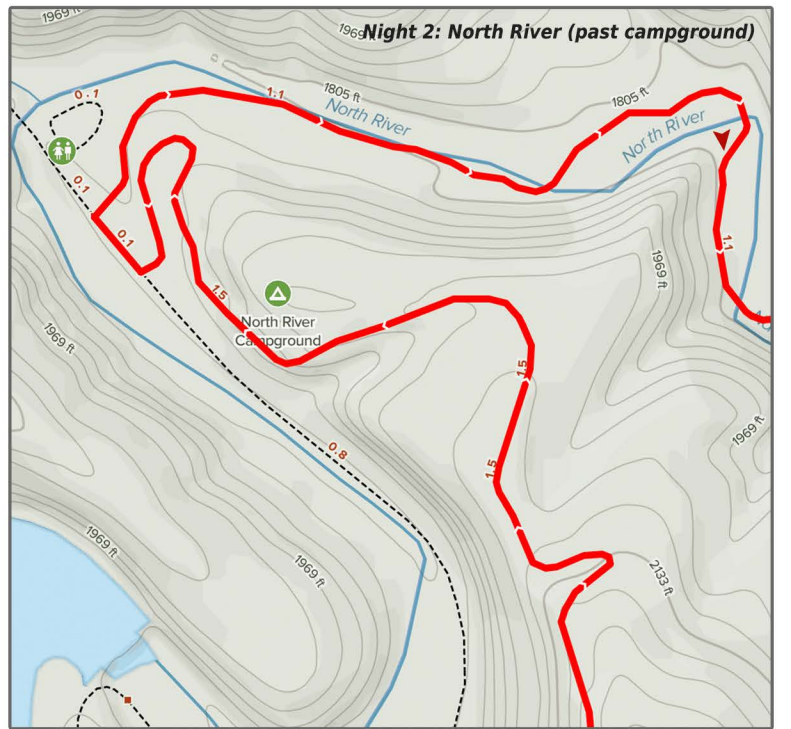
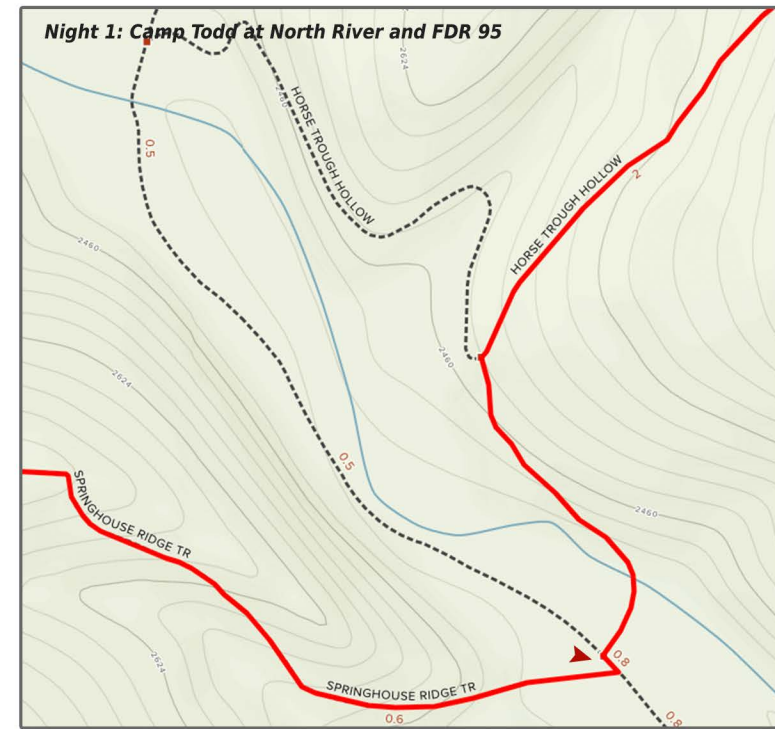
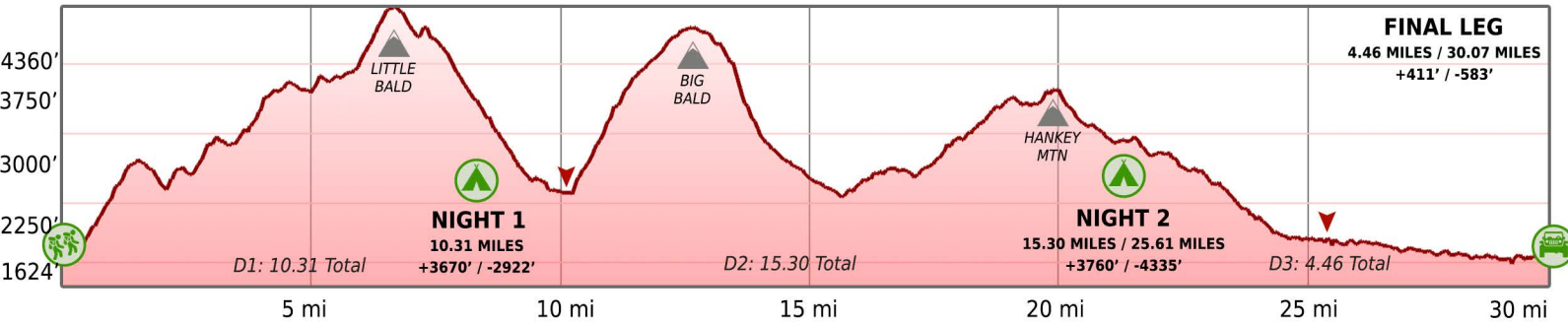


Sunrise/Sunset
 Sat, Sep 12, Sunrise 7:01AM, Sunset 7:31PM
 Sun, Sep 13, Sunrise 7:02AM, Sunset 7:30PM
 Mon, Sep 14, Sunrise 7:03AM, Sunset 7:28PM

9.5°W
 10/29/18



| Location | Distance (leg) | Gain (leg) | Loss (leg) | Distance (overall) | Gain (overall) | Loss (overall) | Day | Start Time | Duration | Clock Time |
|---|----------------|--------------|---------------|--------------------|----------------|----------------|----------|-----------------|------------------|-------------|
| Wild Oak Tr to Skidmore Tr INT | 2.23 | 1,243 | -327 | 2.23 | 1,243 | -327 | Friday | 12:00:00 PM | 0:53:31 | 12:53:31 PM |
| Wild Oak Tr to Groom's Ridge | 1.91 | 1,001 | -198 | 4.14 | 2,244 | -525 | Friday | 12:53:31 PM | 0:45:50 | 1:39:22 PM |
| Wild Oak Tr to Little Bald Knob (4,329') | 2.50 | 1,187 | -209 | 6.64 | 3,431 | -734 | Friday | 1:39:22 PM | 1:00:00 | 2:39:22 PM |
| Wild Oak/Blad Mtn Rd to Horse Trough Hollow INT | 2.84 | 141 | -2,011 | 9.48 | 3,572 | -2,745 | Friday | 2:39:22 PM | 1:08:10 | 3:47:31 PM |
| Wild Oak to FR95 | 0.37 | 91 | -120 | 9.85 | 3,663 | -2,865 | Friday | 3:47:31 PM | 0:08:53 | 3:56:24 PM |
| FR95 to North River (Camp 1) | 0.46 | 7 | -57 | 10.31 | 3,670 | -2,922 | Friday | 3:56:24 PM | 0:11:02 | 4:07:26 PM |
| Day & Overall Mileage Sub-Total: | 10.31 | 3,670 | -2,922 | 10.31 | 3,670 | -2,922 | | | 4:07:26 | |
| Springhouse Ridge/Wild Oak Tr to Hiner Spring INT | 1.57 | 1,369 | -14 | 11.88 | 5,039 | -2,936 | Saturday | 8:00:00 AM | 0:37:41 | 8:37:41 AM |
| Wild Oak to Big Bald Knob | 0.96 | 411 | -4 | 12.84 | 5,450 | -2,940 | Saturday | 8:37:41 AM | 0:23:02 | 9:00:43 AM |
| Wild Oak to Bald Ridge | 0.77 | 4 | -383 | 13.61 | 5,454 | -3,323 | Saturday | 9:00:43 AM | 0:18:29 | 9:19:12 AM |
| Wild Oak to Braley Pond Rd | 2.23 | 40 | -1,466 | 15.84 | 5,494 | -4,789 | Saturday | 9:19:12 AM | 0:53:31 | 10:12:43 AM |
| Wild Oak/Magic Moss to Dowells Draft INT | 2.45 | 1,001 | -347 | 18.29 | 6,495 | -5,136 | Saturday | 10:12:43 AM | 0:58:48 | 11:11:31 AM |
| Wild Oak/Dowells to White Oak Draft INT/Hankey Mtn. | 1.79 | 635 | -180 | 20.08 | 7,130 | -5,316 | Saturday | 11:11:31 AM | 0:42:58 | 11:54:29 AM |
| Wild Oak/Hankey Mtn. Tr to Hankey Mtn. FR425 INT | 2.87 | 178 | -1,046 | 22.95 | 7,308 | -6,362 | Saturday | 11:54:29 AM | 1:08:53 | 1:03:22 PM |
| Hankey Mtn. FR to Hankey Mtn Tr | 1.89 | 63 | -810 | 24.84 | 7,371 | -7,172 | Saturday | 1:03:22 PM | 0:45:22 | 1:48:43 PM |
| Hankey Mtn. Tr to North River site (Camp 2) | 0.77 | 59 | -85 | 16.61 | 7,430 | -7,257 | Saturday | 1:48:43 PM | 0:18:29 | 2:07:12 PM |
| Day & Overall Mileage Sub-Total: | 15.30 | 3,760 | -4,335 | 25.61 | 7,430 | -7,257 | | | 6:07:12 | |
| Camp to Wild Oak/LMT INT | 4.18 | 397 | -521 | 29.79 | 7,827 | -7,778 | Monday | 8:00:00 AM | 1:40:19 | 9:40:19 AM |
| FR95 to Wild Oak/LMT INT | 0.10 | 7 | -17 | 29.89 | 7,834 | -7,795 | Monday | 9:40:19 AM | 0:02:24 | 9:42:43 AM |
| Wild Oak/LMT to Wild Oak to Car | 0.18 | 7 | -45 | 30.07 | 7,841 | -7,840 | Monday | 9:42:43 AM | 0:04:19 | 9:47:02 AM |
| Day & Overall Mileage Sub-Total: | 4.46 | 411 | -583 | 30.07 | 7,841 | -7,840 | | | 1:47:02 | |
| Grand Totals: | 30.07 | 7,841 | -7,840 | | | | | 12:01:41 | Pace: 2.5 | |



North River Ranger District
401 Oakwood Drive
Harrisonburg, VA 22801
Local: 540-432-0187

Sunrise/Sunset
Sat, Sep 12, Sunrise 7:01AM, Sunset 7:31PM
Sun, Sep 13, Sunrise 7:02AM, Sunset 7:30PM
Mon, Sep 14, Sunrise 7:03AM, Sunset 7:28PM

Parking Lot
38.366936 | -79.164394

PCT
6' off trunk, 12' to bag, 15' to branch